



**Chester High School**

# Parenting Through Trauma (PTT) Group

Explore and learn!

Every Monday and Wednesday  
2:15-3:00 pm  
Chester High School Library  
Virtual option available



## Why join us??

- *Form relationships*
- *Confidential discussions*
- *Learn coping skills*
- *Safe Space*
- *Process feelings and emotions*
- *Address traumatic events*

***Open to all  
parents!  
To register  
contact:***

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Dr. York Williams:  
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Dana Bowser:  
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*We look forward to seeing you!*